

# Suggested Activities

## Week of April 13<sup>th</sup> 2020

### Goal Setting

“A goal without a plan is just a wish.” – Antoine de St. Exupery.

Goal setting is a skill that will serve children in all aspects of their life. It does not matter if they practice setting goals for academics (learning their multiplication facts), or for personal reasons (learning a new instrument, song, basketball skill), once they become good at setting goals they will be able to do it in any aspect of their life.

**Have your child set a REALISTIC goal and make a plan for achieving it.**

**Afterward, they can write about how it went, what worked, what didn't, what they would change if they were to do it again.**

An example of a goal might be

“I will learn my multiplication facts to 12 by May 1<sup>st</sup>. I will reach my goal by doing my math colouring worksheets and getting my brother to test me every day with flashcards.”

| My Plan      |                                 |
|--------------|---------------------------------|
| I will _____ | _____                           |
| By _____     | . I will reach my goal by _____ |
| _____        |                                 |

### Math

- Review of principles of time.

Math 3 Under the Sea –

<http://www.learnalberta.ca/content/me3usa/flash/index.html?goLesson=13>

If you're using Google Chrome you'll have to enable Adobe Flash in order to use this site. Otherwise, use another browser. Here is a link for how to enable Adobe Flash in Google

Chrome. <https://www.howtogeek.com/434334/how-to-enable-adobe-flash-in-google-chrome-76/>

## Math [cont.]

- Review multiplication facts.

Attached is a multiplication/colouring sheet that your child can pick away at throughout the week. About 20 or so minutes per day should see them get through it fairly quickly. We've done a bunch of these in class already. I tend to cut off the title at the top so they get the "big reveal" at the end when they've coloured all the squares. I get them to write the answers in each little square and colour at the end. That way they are not simply colouring without doing any of the multiplication. ☺ I was saving the Minecraft themed sheets for later in the year, so these are the ones I'll send along over the coming weeks.

## Literacy

- Reading

Continue regular reading on whichever platform your child is already set up on (Raz Kids, Boukili, etc...)

## Music, Art and Phys. Ed.

If you're looking for ideas to stay active and/or creative Mr. Melanson and Mrs. Russell have put some ideas for Music, Art and Phys. Ed. on their websites

<http://fesphysed.weebly.com/>

<https://fesmusicandart.weebly.com/>